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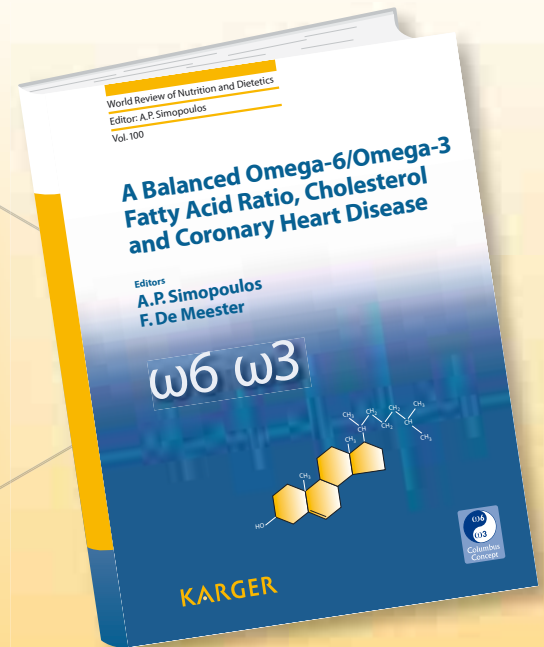
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Clinical Nutrition, Metabolism, Evolutionary Biology

Challenging the role of dietary cholesterol

A Balanced Omega-6/Omega-3 Fatty Acid Ratio, Cholesterol and Coronary Heart Disease

Editors

Artemis P. Simopoulos
Fabien De Meester



バランスのよい -6 / -3 脂肪酸比率、 コレステロールと冠動脈性心疾患

本書では遺伝学、栄養、脂肪酸、コレステロール、代謝と虚血性心疾患の著名な専門家の編集陣により、健康と虚血性心疾患（CHD）に関する食事の進化論的重要性、オメガ -6 / -3脂肪酸比率とコレステロール摂取量などについて最新の研究動向を発表し議論を展開しています。

本書は医師（循環器・老年医学・小児科・臨床栄養分野）及び栄養学の研究者、食品・サプリメント企業、厚生行政内の技術者・関係者にお勧めの一冊です。

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